



## Eyes on the Road: CarInsurance.com Examines 6 Riskiest Driving Behaviors

*Driving is considered a relatively risky activity in itself; these six behaviors add to the dangers of getting into a car accident*

**Foster City, CA – April 28, 2022** – Sammy Hagar just couldn't drive 55. And that may have led to some problems. As Distracted Driving Awareness Month puts the spotlight on the growing problem on our roads, [CarInsurance.com](https://www.carinsurance.com), a one-stop online destination for car insurance information, explores the riskiest behaviors for today's drivers in a new report.

Find the resource here: [The 6 riskiest things you can do behind the wheel](#)

The U.S. Department of Transportation's National Highway Traffic Safety Administration in March released its [latest traffic crash data](#), which found 38,824 people in 2020 lost their lives in accidents nationwide -- the highest number of fatalities since 2007.

Year-over-year, the rate of fatal crashes increased by nearly 7%, and in 45% of those crashes, drivers were engaged in risky driving behavior, according to the DOT.

CarInsurance.com examined the most dangerous behaviors and rates these six as the riskiest:

1. **Drunk driving**— Alcohol, even in small amounts, can affect reaction time
2. **Drug-impaired driving**— In a study, more than 50% of drivers involved in serious injury and fatal crashes tested positive for at least one drug
3. **Distracted driving**— Drivers are distracted by more than just cell phones and hand-held devices
4. **Not using a seatbelt**— Buckling up is considered the single most important precaution to take to avoid injury, or death, in an accident
5. **Speeding**— This type of aggressive driving is on the rise
6. **Drowsy driving**— Accidents involving falling asleep at the wheel most frequently occur between midnight and 6 a.m., or in the late afternoon

"Driving is so woven into our daily lives that it can be easy to forget how dangerous it can be," says John McCormick, editorial director for CarInsurance.com. "Taking a closer look at the riskiest behaviors involved with driving can remind us of the importance of avoiding these behaviors."

McCormick is available for comment.

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CarInsurance.com is a one-stop online destination for car insurance information, providing unbiased, expert advice on how to shop for insurance plans, what consumers should pay and what coverage they can get from a policy. Since 2003, CarInsurance.com has been educating consumers through its breadth of expert content, tools, and in-depth studies to help site visitors make informed decisions about their car insurance.

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