



The Deadly Half-Dozen: CarInsurance.com Examines 6 Riskiest Driving Behaviors

Driving is considered a relatively risky activity in itself; these six behaviors add to the dangers of getting into a car accident

Foster City, CA – January 17, 2023 – Traffic crashes can be deadly, and impose an enormous financial strain on American society. But much of the physical and financial damage can be prevented, explains [CarInsurance.com](https://www.carinsurance.com) in a new report.

This one-stop online destination for car insurance information examines several recent National Highway Traffic Safety Administration reports and shares a compilation of the most dangerous behaviors in the [Six Riskiest Things You Can Do Behind the Wheel](#).

The U.S. Department of Transportation's NHTSA, in two just-released reports, estimates 31,785 people were killed in traffic crashes in the first nine months of 2022, and the agency puts the yearly economic cost of vehicle crashes at \$340 billion.

The NHTSA's report on the economic impact of crashes also touches on the cost of risky driving behaviors that lead to crashes, fatalities, serious injuries, and property damage.

CarInsurance.com rates these six as the riskiest:

1. Drunk driving— Alcohol, even in small amounts, can affect reaction time.
2. Drug-impaired driving—In a study, more than 50% of drivers involved in serious injury and fatal crashes tested positive for at least one drug.

3. Distracted driving—Drivers are distracted by more than just cell phones and hand-held devices.
4. Not using a seatbelt—Buckling up is considered the single most important precaution to take to avoid injury, or death, in an accident.
5. Speeding—This type of aggressive driving is on the rise.
6. Drowsy driving—Accidents involving falling asleep at the wheel most frequently occur between midnight and 6 a.m., or in the late afternoon.

“For many of us, driving a car is second nature,” says Laura Longero, executive editor for CarInsurance.com. “We can easily forget how dangerous it can be behind the wheel. We all, at times, get distracted, but being aware of risky driving behaviors can help us avoid them.”

Longero is available for comment and interviews.

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